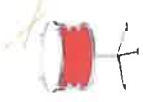




Trinity Lutheran School Menu 2019 2020



Jun-19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Available Daily
LUNCH MENU WEEKS 1 THROUGH 3					
<i>Nutritional and Allergy information available on line</i>					
Chicken Nuggets Roasted Carrots Cucumber Slices Pineapple	Country Chicken Mashed Potatoes / Gravy Garden Salad Applesauce	Mac & Cheese Broccoli Cherry Tomatoes Mandarin Oranges	Deluxe Burger Smiley Fries Carrot Sticks Peaches	Bosco Stick Green Beans Red Peppers Pears	Available Daily Chef Salads Turkey Sandwich Fresh Fruit & Milk
Cheese Quesadilla Refried Beans / Spanish Rice Roasted Carrots/Cucumber Slices Pineapple	Chicken Leg Mashed Potatoes / Gravy Garden Salad Applesauce	Oriental Chicken Steamed Rice Cherry Tomatoes Mandarin Oranges	Corndog Smiley Fries Carrot Sticks Peaches	Pizza Crunchers Green Beans Red Peppers Pears	Available Daily Chef Salads Ham Sandwich Fresh Fruit & Milk
Nacho Supreme Refried Beans / Spanish Rice Roasted Carrots/Cucumber Slices Pineapple	Chicken Nuggets Corn Garden Salad Applesauce	Hot Ham and Cheese Sub Broccoli Cherry Tomatoes Mandarin Oranges	Breaded Chicken Sandwich Smiley Fries Carrot Sticks Peaches	Pasta Day Green Beans Red Peppers Pears	Available Daily Chef Salads Turkey Sandwich Fresh Fruit & Milk
August 19, September 9, September 30, October 21, November 11, December 2					
August 26, September 16, October 7, October 28, November 18, December 9					
September 2, September 23, October 14, November 4, November 25, December 16					

Crown Point Schools know education and good nutrition go together so our students are encouraged to take fruits and vegetables with each meal. Meals, foods and beverages sold or served at schools meet state and federal requirements which are based on the [USDA Dietary Guidelines](#). We provide students with access to a variety of affordable and appealing foods that meet the health and nutrition needs of students.

Physical Activity is important everyday

